

This resource page is for parents of teens, ages 13 to 17, who need help due to a teen's erratic behavior, substance abuse, or potential for harm to self or others.

If your teen declines to release medical information at the hospital, you can ask to have your teen evaluated by the **DCR Designated Crisis Responder**. If they do not detain the teen and get them evaluation and treatment then you can invoke **Joel's Law** to get medical records by downloading the **Joel's Law** petition, filling it out and taking it to court. Then a judge approves the petition.

<https://www.courts.wa.gov/forms/?fa=forms.contribute&formID=97>

There is a way for parents to get inpatient drug treatment for teens who do not consent. It is called **FIT (Family Initiated Treatment)**. This is only if it is medically necessary. You can ask to speak to a social worker in the hospital. Click on the link below to read about the FIT process.

<https://www.hca.wa.gov/assets/free-or-low-cost/82-0227-parents-guide-to-family-initiated-treatment.pdf>

Smokey Point Behavioral Hospital receives teens who are coming against their will all the time using the FIT process. They receive teens directly from the ER and care for them, detox, and evaluate them for 7-10 days. The teens that they receive are teens who are having psychiatric emergencies such as suicidal ideation. When a teen is out of control or has suicidal ideation, take them to an ER, ask to talk to the social worker, and ask to have the transferred to Smokey Point. There is no waiting list, they receive them immediately.

You could reach out to CPS and ask for a **FAR Family Assessment Response**. A social worker would come to your house and evaluate the situation. They have the ability to override a teen's right to privacy of records and send them to compliance court for drug treatment. They also have the ability to order no contact orders. They can also initiate a hair follicle test to assess drugs in the system for the last 30 days.

You can formally request in writing to get an **IEP Evaluation** at the teen's school. The school would have to provide the teen whatever academic and emotional support necessary such as a 1-on-1 paraeducator or even a locked in facility. This also protects the parents from being held responsible for a child's continued absences.

Smokey Point Behavioral Hospital – Marysville, WA. Phone 360-651-6400. They need info faxed to them such as lab notes, drug screens, and a call back number, etc. Fax 360-651-6390

Newport Academy- Kirkland, WA, 1-833-718-1183. They don't do medical detox. No psychosis for at least two weeks. Only treat marijuana and nicotine addiction. Create a case through a phone assessment then she would have a virtual assessment by a psychiatrist. The wait list is 4 weeks.

Daybreak Youth Services- Spokane, WA. 1-888-454-5506. Fill out a form online <https://daybreakyouthservices.org/> They need a substance use assessment done and attached to the intake process. The wait list is at least 30 days.